



School Information: Menu subject to change.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Chicken Patty with a Bun, French Fries, Corn, Peaches & Milk **2**

Tuesday

Pizza Cruncher, Peas, Mixed Fruit & Milk **3**

Wednesday

Goulash, Garlic Bread, Pears, Cooked Carrots & Milk **4**

Thursday

Au Gratin Potatoes With Ham, Bread & Butter, Green Beans, Applesauce & Milk **5**

Friday

Turkey & Bacon Wrap, Lettuce, Sunchips, Mandarin Oranges & Milk **6**

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NO SCHOOL

Meatball Sub Sandwich, Tri-Tater, Baked Beans, Mixed Fruit & Milk **10**

Baked Potato Bar, Ham, Cheese Sauce, Steamed Broccoli, Pears, Blueberry Muffin & Milk **11**

Cheeseburger Macaroni, Bread & Butter, Green Beans, Peaches & Milk **12**

Chicken & Cheese Quesadilla, Lettuce Salad, Apple Crisp & Milk **13**

Teriyaki Chicken, Fried Rice, Peaches, Fortune Cookie & Milk **16**

Hamburger with a Bun, Tater-Tots, Carrot Sticks with Ranch, Pears & Milk **17**

Poppin' Chicken Bowl, Loaded Mashed Potatoes, Gravy, Corn, Roll, Mixed Fruit & Milk **18**

Beef Ravioli, Green Beans, Breadstick, Applesauce & Milk **19**

Corndog, Macaroni & Cheese, Peas, Mandarin Oranges & Milk **20**

Tomato Soup, Grilled Cheese, Carrot Sticks With Ranch, Mixed Fruit & Milk **23**

Chicken Alfredo, Green Beans, Pears, Roll & Milk **24**

Turkey & Cheese Sub Sandwich, Sunchips, Lettuce, Pineapple & Milk **25**

Cheese Pizza Prek-2nd Cheese OR Pepperoni Pizza 3rd-8th, Corn, Mandarin Oranges, Cookie & Milk **26**

NO SCHOOL **27**

Bosco Breadstick, Marinara Sauce, Green Beans, Pears & Milk **30**

BBQ Chicken Sandwich, Baked Beans, Heartzels, Peaches & Milk **31**

